

How to Take Care of Your Skin Infection

 <p>Wash your hands</p>	<p>For at least 15 seconds each time</p> <p>Use soap and warm water</p>	<p>After using the toilet</p> <p>After touching your skin infection</p> <p>Before eating</p>
 <p>Clip your nails</p>	<p>Keep your nails short to make them easier to clean</p>	
 <p>Shower or bathe daily using soap</p>	<p>WITH YOUR BANDAGE ON</p>	<p>WITH YOUR BANDAGE REMOVED</p>
	<p>Before-- Wrap a waterproof covering (try plastic wrap) around the bandage.</p>	<p>Before-- Set the shower sprayer at a light to moderate pressure. Carefully wash around the wound site.</p>
	<p>After-- Change bandage if there is drainage showing.</p>	<p>After-- Cover your wound with a clean dry bandage.</p>
<p>After--Clean the shower stall or bath tub with a disinfectant spray of 1 tablespoon bleach for every quart of water made fresh daily</p>		
 <p>Change into clean clothes</p>	<p>After you shower or bathe</p> <p>If wound drainage gets on your clothes</p>	
 <p>Use washer and dryer</p>	<p>Wash clothes, sheets, pillowcases, and towels soiled with wound drainage.</p>	
 <p>Do not share personal care items</p>	<p>Such as razors, nail clippers, towels, washcloths, or bars of soap</p>	
 <p>Do not let others touch your infection</p>		
 <p>Cover your wound</p>	<p>If your bandage comes off-throw it away in a plastic bag <i>and wash your hands.</i></p> <p>Cover your wound with a clean dry bandage.</p>	
 <p>Warm soaks and compresses</p>	<p>You may be told to soak your skin infection in warm water or to apply a moist compress for 20 minutes at a time.</p> <p>Listen carefully to the instructions and do it just that way.</p> <p>If your infection begins to drain, keep the wound covered with a clean dry bandage.</p>	
 <p>Medication</p>	<p>Don't share medicine (antibiotics) with anyone.</p> <p>Take all the medicine the doctor gives you.</p> <p>If you don't take all the antibiotics the doctor gives you, the germs causing your infection may start another infection.</p>	
 <p>Report to a medical professional IMMEDIATELY</p>	<p>If you develop:</p>	<p>fever</p> <p>red streaks from the wound</p>
	<p>If your infection starts to:</p>	<p>smell bad</p> <p>drain more</p>